

# Toolamba PS

## “Striving for Excellence”

Values: Respectful, Trustworthy and Inclusive



Dear Parents and Families,

### PROUD GRANDPARENT MOMENT

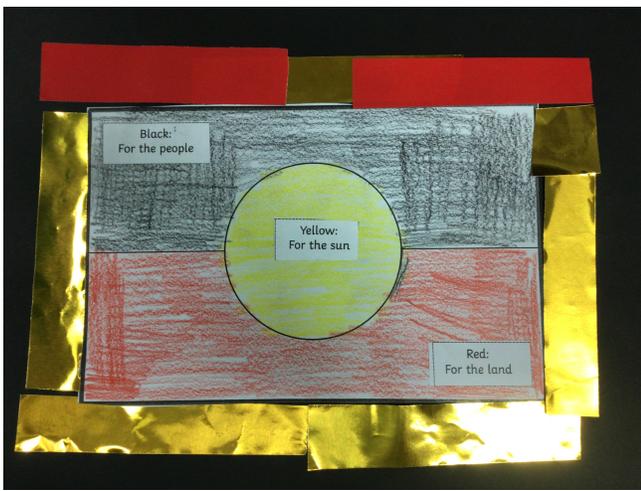
Our granddaughter Frankie, has found her passion, it is horses. On Sunday, she attended her first gymkhana in Balranald. Excitement levels were so high you would have thought it was Christmas!



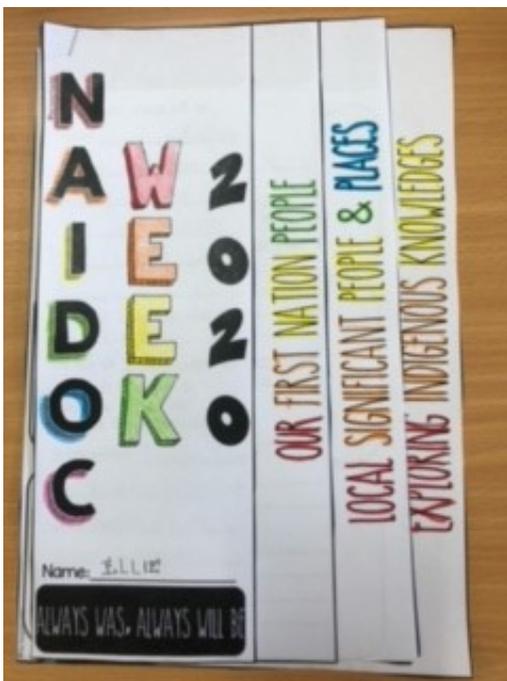
### NAIDOC WEEK

Like many significant events this year, NAIDOC Week has had a date change, moving from its traditional slot in July to this week. The 2020 theme, Always Was, Always Will Be, allows us to reflect on how the First Nations people have occupied and cared for our continent for over 65,000 years, and celebrates their spiritual and cultural connection to the country. Students across the school have been involved in a variety of activities. Foundation students have been learning about the significance of the Aboriginal flag.





Grades 5/6 have been looking at the Shepparton Street art which features prominent local aboriginal people in our community. The students chose one of their people to research and they produced a flip book featuring their information.



## PARENT OPINION SURVEY

So far, we have had 27 families complete the survey. Thank you so much to all those who took a few minutes to complete the survey. We really valued

your feedback and suggestions. It is not too late to add your input with the survey open until the end of the week.

### To complete the survey, simply:

1. Click on the link below or copy and paste the text into your browser. This link will take you directly to the survey.  
<https://www.orima.com.au/parent>
2. Select the School and Campus name below.  
School Name: Toolamba Primary School
3. Enter the School PIN below.  
PIN: 191297
4. When complete, please click on the tick button at the end of the survey to submit your answers. Please note that the survey will time out after **60 minutes of inactivity.**

## OUT OF SCHOOL HOURS CARE

Our OSHC program aims to provide the students with a range of engaging opportunities. Collecting the eggs was on the agenda this week.



Have a lovely weekend ahead,

Regards Heather

### **GRADE 3 / 4**

Last Wednesday we departed for camp. After a toilet stop and a snack we boarded the bus again and drove along the windy roads to Campaspe Downs in Kyneton. Our bus driver Jason was absolutely fantastic, he told us about the different towns and even how the bridge in Redesdale was originally made to go over the Yarra River in Melbourne but was too short!

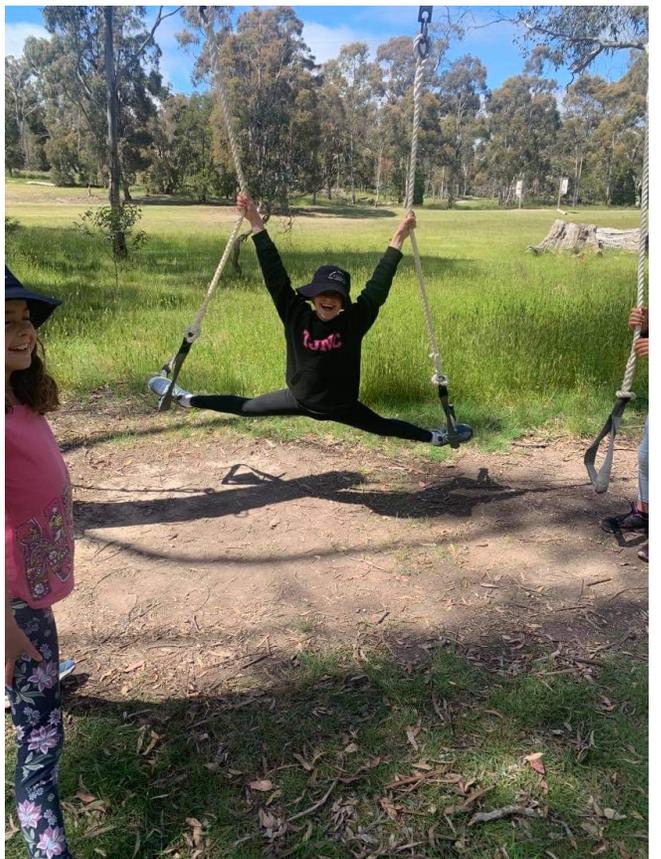
We arrived at camp and were greeted by Taryn (aka T or Taz), she was super awesome! Taryn gave us a tour of the super cool things around the camp that we would be doing and organised our evening activities for us.

We had a great supply of food at breakfast, lunch and dinner to fuel our bodies.

The highlight for the majority of students was getting to go high speeds on the flying fox.

I'm sure all students slept well Friday night, we were all exhausted!





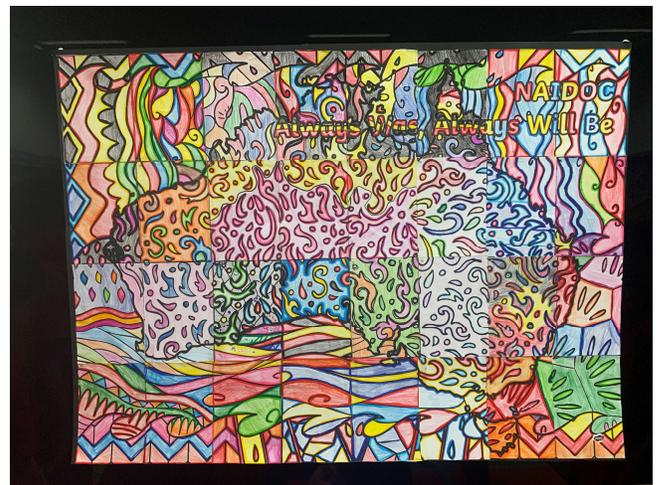


taught us about how the Indigenous People cultivated the lands around the You Yangs and showed us symbols used in paintings. Ranger Ebonee even taught us some new words from the Kulin Nation such as Womenjeka (Welcome) and Bunjil (Eagle). We put a great deal of effort into creating a piece of art through collaboration, when pieced together it shows an image of Australia with the NAIDOC theme written 'Always was, Always will be'.



This week we have finished up our Numeracy unit on Fractions and we will be moving on to Division next week.

In Grade 4 we have spent our afternoon sessions celebrating NAIDOC week. We attended a webinar on Wednesday run by Parks Victoria. Ranger Ebonee



As the weather continues to warm up please ensure your child brings a drink bottle to school every day.

## **MICHAEL GROSE**

Michael Grose who is one of Australia's leading parent experts.

Instilling confidence takes more than heaping praise on kids. Here are the first two practical confidence-building strategies for parents and teachers of children and young people.

Children with healthy self-esteem and self-confidence learn more, achieve more and are generally happier than those with low confidence levels. Building children's and young people's confidence is complex. It is more than being a praise robot and heaping positive comments on a child at the first sign of them doing something well. Confidence building requires a number of approaches that impact on how they think, how they feel and what they can do.

Confidence-building strategies every parent and teacher should know--from

### **1. Model confident thinking**

Kids soak up the language, thinking and behaviour of those closest to them in their environment. Parents and teachers, play a part in modelling confident thinking and behaviour particularly when it comes to tackling new activities. In particular, let kids hear positive self-talk when you tackle something new. They should hear something like, "I'll have a go at this. If I don't do so well then I can try again tomorrow." This is far more effective than "I'm no good at this. I'll probably stuff it up."

### **2. Focus on effort & improvement**

Current thinking shows that people who believe that they can increase their intelligence through effort and challenge actually get smarter and do better in school, work, and life over time. One way to develop a growth mindset is to focus your language on effort and improvement rather than on the results of what they do. By linking success with effort you are teaching them success comes from something other than purely their ability, talents or smarts.

### **3. Praise strategy**

While effort is key for achievement, it's not the only thing. Kids need to try new strategies and seek input from others when they're stuck. They need this repertoire of approaches - not just sheer effort - to learn and improve. It helps too to focus language on better and smarter ways on improving. Comments such as "That was a smart idea to tackle the hardest task while you were fresh!"(strategy) and "You recognised the first few steps were the most important but then after that you were right" are descriptive statements that have significant instructional value for kids.

### **4. Develop self-help skills from an early age**

A child's self-esteem comes as a result of his or her successes and accomplishments. The most important competencies to build confidence are basic self-help skills. These form the building blocks upon which other competencies such as organisational skills and many social skills are formed.

## 5. Give them real responsibility

From a young age start giving children responsibility for some aspects of their lives. By giving kids responsibility for many aspects of their lives we are sending a powerful message that we think they are capable. Also they are learning the skills necessary to care for themselves.

### ANDREW FULLER "APLEDGE TO MY CHILD."

It's only a short 2 min video but worth a watch. From Andrew Fuller's recently update Tricky Behaviours book.

<https://youtu.be/ZZTWZlcMj04>

### GREATER SHEPPARTON CITY COUNCIL

Council currently has almost 100 6-month positions available right now, thanks to the Working for Victoria program funded by the State Government.

These roles range from tree planting, sports ground maintenance, painting to building refurbishment and more.

We have had some feedback that the program isn't currently well-known in our small towns, so it would be great if you could please pass this information through your group when you get a chance.

More information, including step by step guides on how to apply for these roles (in seven languages if needed), can be found here:

<https://greatershepparton.com.au/council/employment>

Jobseekers will be asked to sign up with the Sidekicker platform. Once they are signed up, we now have a streamlined process where Council and Sidekicker work together to find a suitable Council role for the applicant.

If you have residents looking for work who have previously had trouble with Sidekicker, or haven't tried Sidekicker yet but want some guidance, please feel free to just send through contact details to [mick.mattingly@shepparton.vic.gov.au](mailto:mick.mattingly@shepparton.vic.gov.au), and we can follow up and get the process moving.

For more information or to register with Sidekicker: [www.vic.gov.au/workingforvictoria](http://www.vic.gov.au/workingforvictoria) and <https://www.getsidekicker.com/create-sidekick-account?source=vic-gov-marketplace>

If you have any questions, please do not hesitate to get in touch.

Mick Mattingly 58329537:

[mick.mattingly@shepparton.vic.gov.au](mailto:mick.mattingly@shepparton.vic.gov.au)

### GOULBURN VALLEY LIBRARY

It is with great excitement that we announce that all our libraries are open to the public. The Premier has eased restrictions and we have re-opened with a maximum of 10 patrons in our library spaces at any time. The Mobile Library has also commenced operations, with a modified schedule.

At this stage we will not be offering in-house story times, programs, or use of our meeting areas until we are sure we can manage the physical distancing and hygiene requirements needed to ensure public safety.

Patrons will be expected to maintain physical distancing and personal hand hygiene, and mask-wearing will be mandatory. Patrons will also need to provide contact tracing information and are asked to be patient if we have reached our capacity limit and they need to wait until allowed to enter.

All returned books are cleaned before going back on the shelf and in the first step to increasing services we will be encouraging people to minimize the time spent in the library. Click and Collect, borrow and go home will be our mantra!

Our initial opening hours and days of operation will vary from our previous normal hours and are reduced to ensure adequate time for staff to sanitise the library."

Patrons are still encouraged to make use of our on-line services that have taken off while we have been closed! We have a huge range of FREE eBooks, eAudiobooks and eMagazines for adults and kids. People can join online and get access straight away. We also offer video streaming of movies and documentaries through our Kanopy streaming service. Why pay for Netflix?

## **STREET TREES FOR TOOLAMBA**

The Toolamba Town Planning Group in conjunction with the Greater Shepparton City Council are planning to start a scheme to plant suitable trees in the township of Toolamba. Trees will be sourced and funded by the Council and watering in the initial stages of establishment will be undertaken by the Toolamba CFA. Tree height near powerlines and placement near drains will be considered.

It has been decided that trees should be exotic and deciduous to give contrast with the surrounding native bush as is the case with Bright. Native trees do not make good street trees and their considerable leaf and other debris they drop throughout the year makes their upkeep difficult.

It is planned to start planting in Autumn in selected parts of the town. Where trees are to be planted outside a resident's property, they will be notified. No action will be taken if a resident does not want to participate.

Treeing towns is now considered important and has become known as the urban forest project. Canopy cover is a measure of how much area is shaded by trees. It is considered the most efficient (and cheapest) method for reducing the heat in towns.

Keith Bryant

For the Toolamba Planning Group

## TOOLAMBA TENNIS CLUB NEWS

### LADIES SOCIAL TWILIGHT TENNIS

Join us for a hit and giggle in a relaxed and friendly environment. All abilities welcome.

When : Thursday nights, 6.30pm

Starts : 22 October

Cost : \$60 per person (2020/21)

### HOT SHOTS – COMMUNITY PLAY

At this stage we plan on running a Hot Shots program in Term 1 next year.

For any enquiries, please contact:

Mel Calleja on 0488 004 004

## **ADVERTISEMENTS**

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PH: 0417600532  
W: [111.gvsportscare.com.au](http://111.gvsportscare.com.au)

Physiotherapist, Sophie Woodhouse enjoys treating a mix of sports and spinal injuries.

Tom Davey is a biomechanical and sports focused Podiatrist, who is also skilled in general nail and diabetic care.

Sophie and Tom are excited to move back to Shepparton and work in the Goulburn Valley!



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## **CALENDAR**

Wed 25th Nov	Grade 1 / 2 Activity (NOTE CHANGE OF DATE)
Thur 26th Nov	School Council 6pm
Mon 30th	Grade 5 / 6 Camp Orientation Day
Nov - Fri 4th Dec	
Tue 8th Dec	
Thur 17th Dec	Grade 6 Graduation
Fri 18th Dec	Last Day