

# Toolamba PS

## “Striving for Excellence”

**Values: Respectful, Trustworthy and Inclusive**



### PRINCIPAL REPORT

#### CORONA VIRUS

Like all schools, we are experiencing uncertainty in the light of the impact of COVID-19 and are working hard to ensure our school community stays safe. The COVID-19 advice continues to change daily and we have made a number of decisions to ensure the health and safety of our staff and students. The Department has been keeping schools updated on a daily basis. At this stage, there is no mention of school closure. I know several parents are very concerned. As information comes in, it is uploaded to the school website in the Documents section.

<https://www.toolambaps.vic.edu.au/documents>

Any urgent notifications will be done via our SMS system. If parents decide to keep their children home the Department have asked us to code the absence as - 'Parent Choice School Approved' and include the word "COVID-19" in the absence comments.

In classrooms, we are implementing all advised health and hygiene practices with respectful vigilance. All classrooms have hand sanitiser or access to soap and water. Both staff and students are well versed in using these throughout the day and in being very mindful of washing hands thoroughly and covering their nose and mouth, with their elbow, if sneezing or coughing. Staff have posters detailing correct hygiene advice displayed in their classroom and have been vigilant in discussing them with their classes.

We wish to be proactive without alarming the children. I have asked the teachers to share what they have been discussing so these points can be reinforced at home.

Our cleaner has agreed to do additional hours so that we can be extra vigilant.

All visitors to the school are asked to use the hand sanitiser at the front office.

We will continue to monitor all advice provided to ensure the best practice to safeguard our school community.

Due to changes today in public gatherings, our end of term assembly has been cancelled in the best interests of all members of the community.

#### BASIC PROTECTIVE MEASURES AGAINST THE NEW CORONAVIRUS

Stay aware of the latest information on the COVID-19 outbreak. Most people who become infected experience mild illness and recover, but it can be more severe for others.

**Take care of your health and protect others by doing the following:**

#### INTERNATIONAL ARRIVALS

Everyone arriving into Australia from overseas from midnight tonight (15 March) will be required to self-isolate for 14 days. This obviously includes students and staff who may be returning from overseas excursions or other travel. **Importantly, it also includes parents and carers and any other relatives or friends of your children who are returning from overseas travel. As they are**

required to self-isolate, they must not visit the school to pick up children or for any other reason.

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain social distancing**

Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.

**Why?** When someone coughs or sneezes, they spray small liquid droplets from their nose or mouth, which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing has the disease.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.

### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

**If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of your local health authority.

**Why?** National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

### **DIFFERENT QUESTIONS TO ASK YOUR CHILD**



Have an enjoyable weekend.

Regards Heather

### **BE A SOAPY HERO IN 1/2L**

This week we have had a focus on the importance of handwashing and good hand hygiene.

The first activity we looked at was Glittery Germ Hands, where I had glitter on my hands to represent germs. Students were able to see the transfer of these shiny germs as I shook hands with others. This gave them a visual of how easily they can be transferred throughout the room.

The second activity we used Pom Poms to represent germs that come from coughs and sneezes. As the Pom Poms spread across the room students were amazed at how far they flew through the air. We then discussed and practiced the importance of coughing and sneezing into your elbow.



The favourite of all the activities was watching pepper in a bowl of water, representing the germs, spread to the edge of the bowl when we dipped our finger, covered in soap into the bowl. This is an easy experiment that

can be conducted at home where the students can teach you and show you how it works.



We then watched an informative video and from this we wrote about how important it is to wash your hands with soap. This was a rough draft to our poster which was completed yesterday. Students were able to take their poster home as a reminder and to inform others.

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#### **HYGIENE – HAND WASHING IN GRADES 3 AND 4.**

Students have watched and practiced some helpful techniques to keep our hands clean and germ free as much as possible. They are also practicing trying not to



touch their face as little as possible to stop us transferring germs from hands to face.

We are reminding students to wash their hands before eating or preparing food, after using the toilet and playing in the frog bog.

One of the videos students watched can be found on YouTube. It comes from John Hopkins Medicine and shows the children the World Health Organisations techniques for washing hands:

<https://www.youtube.com/watch?v=lisgnbMfKvI>

### FOUNDATION STUDENTS AND PARENTS

Just a quick note to inform you that I will be away for 4 days beginning tomorrow, Friday 20<sup>th</sup> March. I am returning to school on Thursday 26<sup>th</sup> March.

These days of Long Service Leave have been arranged since the beginning of the year. In my absence, your children will have Mrs Robyn Lipshut, who is a very experienced teacher who often has filled my position in absences over the years. On Tuesday afternoon we planned together the learning activities that will take place and the children will enjoy these. Tasks will involve revising sight words, previous learnt concepts of print such as "What is a Sentence". 2D shape and the season Autumn.

I am looking forward to my LSL and to spend time with my family. I haven't seen my oldest daughter Alex and her partner since mid January!

It is lovely to see parents popping in for reading at 9 am to 9.15 am each morning. It is a special time for the children.

In the last week we have been focused on the importance of washing our hands regularly. I hope you have noticed the poster in our window "Be a Soapy Hero". This afternoon we made a "Protect Yourself/Wash Hands" reminder rope as another way to assist the children to remember this critical job at such challenging times.

See you Next Thursday!

### BOOK CLUB NEWS

There has been no Book Club this term due to issues with catalogue supply. It will be back in Term 2.

Remember every purchase earns credits for the school, which can be turned into more books for our library and other resources.

Thank you. Emily

### ASSEMBLY AWARDS



JSC AWARDS – Zac W, Holly W, Tiarna T, Sophie B



STRIVING FOR EXCELLENCE – Jude B, Harry W, Lia G, Jake J, Emerson W, Brodie T, Lucinda W, Tyson W, Ava G, Jimmy T, Izzy B, Marlie T, Ethan H, Lachy H, William R.

## TOOLAMBA ATHLETICS DAY

### Grade Champions

What a terrific day we had celebrating the athletic prowess of our students. It was great to see such a high level of participation, sportsmanship and many personal bests over the variety of events. Thank you to all the parents who helped with scoring, stamping and record keeping, your involvement certainly helps with the running of our day.

Congratulations to all the individual champions and to Hovell, who won the overall House Championship.

Age Group winners:



FOUNDATION: Jake, Savannah



GR 1: Olivia, Tom, Andrew, Wiliam, Jonah, Jimmy



Gr 2: Rachael, Jack





Gr 3: Sophie, Lachy



Gr 5: Eve, Tyson



Gr 4: Nyla, Mitch



Gr 6: Imogen, Kye







## INTEGRATED STUDIES

Grade 5/6 students have been engaged in topics aired on Behind the News (BtN) each week. Covid-19 has been raised and discussed in every episode so far this term. Episode 6 explained to students that there is a powerful tool that you can use to protect yourself from coronavirus and all sorts of other illnesses – **it's washing your hands!** Students learnt the 8 steps of Hand Hygiene.

1. **Apply soap**
2. **Use water**
3. **Rub hands together and lather**
4. **Scrub between fingers**
5. **Around the thumb**
6. **Wash for 20 seconds**
7. **Rinse hands**
8. **Dry hands thoroughly**

Using either Scratch, PowerPoint or Publisher, students used these steps to publish a project that would



educate others in our school community of Hand Hygiene.

### CONCERT DVDs

There are still 2019 DVDs available at the office. They are \$20.00 each.

### FEE PAYMENTS

Thank you to parents for promptly paying their school fees. We have had a great response so far.

### INFORMATION FOR FAMILIES

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sport and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors; excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities. If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to go towards expenses relating to camp, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 per primary school students
- \$225 for secondary school students

### How to apply

New applicants should contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances.

You only need to complete an application form in any of the following changes have occurred:

- **New student enrolments:** your child has started or changed schools in 2020 or you did not apply in 2019
- **Changed family circumstances:** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020. Check with the school office if you are unsure.

For more information about CSEF visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### PRE LOVED UNIFORMS

We have preloved uniforms in various sizes. They sell for \$2.00 each. Come in and browse.

### NEWSLETTER EMAILED

If you would like to receive the weekly newsletter by email, as well as a hard copy, please email the school with your request. [toolamba.ps@edumail.vic.gov.au](mailto:toolamba.ps@edumail.vic.gov.au)

### TOOLAMBA BEFORE SCHOOL CARE:

#### Mobile No. 0448585568

Please contact Toni-Marie Arnold to make a booking. The service will run 5 days per week, during the school term, between 7.45am-9.00am.

The cost is \$16.00 per Student, per session.

Enrollment Forms are available at the office.

## TOOLAMBA AFTER SCHOOL CARE:

**Mobile No. 0457847970**

Out of School Hours Care is available at Toolamba Primary School; after school Monday to Friday from 3.15pm to 6pm during school terms. The price is \$16.00 per student, per session. Bookings can be made by ringing the After Hours Care number which is **0457 847 970**. Please ring this number rather than book through the office.

Enrolment Forms are available from Fiona or the office. To make a booking for Mon, Tue, Wed or Thurs you need to ring before **12pm on that day**. Bookings for Friday need to be made before **5.30pm on Thursday**.

If you have booked your child/children into care and wish to cancel it, to avoid being charged for the session, one weeks' notice is required by phoning Fiona or leaving a message. **If the cancellation is made after this time, you will be charged regardless of whether you use the service or not.**

Thank you for your assistance with this matter.

## OCCASIONAL CARE

Occasional Care is available at Toolamba Kinder, on **Tuesdays and Fridays from 9am-3pm**. If you would like to book a place for your child, please call the Kinder on 5826 5320.

## COMMUNITY NEWS

### THE RESILIENCE PROJECT

**By Hugh Van Cuylenburg**

**When:** Monday 13<sup>th</sup> July 2020  
7.00pm to 8.30pm

**Where:** Riverlinks Eastbank-70 Welsford Street, Shepparton

**Cost:** Full \$37.00 Concession \$32.00

Helping Australians to be mentally happy, we deliver emotionally engaging programs and provide practical strategies' to build resilience.

The Resilience Project delivers emotionally engaging programs to schools, sports clubs and businesses and

provide them with evidence based, practical strategies to build resilience and happiness. The Resilience Project has delivered programs to over 850 schools around the country and worked with many elite sporting teams including Australian cricket, netball, and soccer, NRL and AFL clubs.

Through presentations, wellbeing journals, schools curriculum, teaching diaries and the App, The Resilience Project seeks to help all Australians become mentally healthy. During the presentation, Hugh will share his experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.



### TOOLAMBA LION'S CLUB Inc.

Meets 1<sup>st</sup> Tuesday of each month.

For more information, contact:

Heather Mulcahy 0447 332 833

Amanda Sibio 0447 405 335

Keira Birchmore 0417 252 874

### ACTIVITIES IN THE PARK

Monday 30<sup>th</sup> March Mixed Games  
10.00am-10.45am Toolamba

For more information visit our website  
[getmovingshepparton.com.au](http://getmovingshepparton.com.au)

### TOOLAMBA WRENS CWA SIP & SWAP NIGHT.

**Friday 20<sup>th</sup> March at 7.00pm**

After the success of last year's event, we have decided to make it an annual thing!

Join us for a wonderful night as we upgrade our wardrobes without getting out our purses. You can shop till you drop to rejuvenate your wardrobe with a complimentary glass of champagne/wine or juice on entry. Browse through the racks of new-to-you clothes and nibble on some tasty appetisers.

You need to bring UP TO 10 items of clean clothing to swap. Can be Adult and Kids clothing but 10 items in total and up to 5 accessories (hats, scarfs, bags, shoes,



jewellery). Items need to be dropped off before 4:30pm at the Community Hall, on the day of event. You will be given tokens upon entry to start your shopping. There is an option to also purchase more tokens for \$1 if you wish to keep shopping or have nothing to swap.

Spinning Wheel fun on the night. Further drinks will be available at bar prices.

Any clothing or accessories that do not find a home on the night will be donated to charity.

**\*\*NO DONATIONS OF CLOTHING WILL ACCEPTED IF NOT ATTENDING\*\***

This is a public event open to members and non members

Tickets \$20 each pre purchase or \$25 at the door on the night.

For tickets visit our Facebook page or search for Sip & Swap on TryBooking.

For more information contact Beck Brisbane, Keira Birchmore or Mel Hall



### ENVISION PROJECT

Exciting news! Toolamba Lions are on board with the Envision Project collecting bottle tops for Helping hands.

YouTube video <https://youtu.be/NP0VcknTjJg> tells all you need to know.

Such an amazing project that not only helps create hands but is doing great things for our environment too. At this stage there are collection buckets at Toolamba General Store and Toolamba Primary School. We need bottle tops and caps with the number 2 or 4 displayed. Start collecting and do your bit for the environment too.

For more information, please contact Jody Merritt 0428998848

## ADVERTISING



### *Watches & Diamonds*

Manufacturing Jeweller and Watchmaker.  
All work done on the premises.  
150 Hogan street Tatura, Victoria 3616  
(03)5824 1100



### **Bovine Inseminations HERD IMPROVEMENT SERVICES**

1740 Finlay Road, Tongala, 3621  
Phone (03) 5859 0763 FAX: (03) 5859 0219

### **GUITAR AND KEYBOARD LESSONS**

Cliff Doornkamp conducts 20-minute lessons for both guitar and keyboard every Tuesday. The cost is \$20.00 per lesson (payable at time of lesson).

For more information, please contact Cliff Doornkamp on 0474 769 963.

Learn fitness, confidence, discipline and self-defence!

**First session free.**

Monday and Wednesday 7pm to 8pm

In the Toolamba Hall (next to the school)

All ages are welcome!

Contact: Stephen – 0428 021 169



E: [admin@gvsportscare.com.au](mailto:admin@gvsportscare.com.au)

PH: 0417600532

W: [111.gvsportscare.com.au](http://111.gvsportscare.com.au)

Physiotherapist, Sophie Woodhouse enjoys treating a mix of sports and spinal injuries.

Tom Davey is a biomechanical and sports focused Podiatrist, who is also skilled in general nail and diabetic care.

Sophie and Tom are excited to move back to Shepparton and work in the Goulburn Valley!

### LIBRARY VAN. 2020

#### **Parks out in front of the school.**

Mondays 3.00pm-4.15pm

|           |         |    |    |
|-----------|---------|----|----|
| March     |         |    | 30 |
| April     | Holiday |    | 27 |
| May       | 11      | 25 |    |
| June      | Holiday |    | 22 |
| July      | 6       | 20 |    |
| August    | 3       | 17 | 31 |
| September | 14      | 28 |    |
| October   | 12      | 26 |    |
| November  | 9       | 23 |    |
| December  | 7       | 21 |    |

**The Mobile Library does not operate on public holidays or on days of extreme or code red fire danger.**

Contact: Goulburn Valley Libraries in 1300 374 765 for more information.

### CALENDAR 2020

|                             |   |
|-----------------------------|---|
| Fri 20 <sup>th</sup> Mar    | Hot Dog day   |
| Mon 23 <sup>rd</sup> Mar    | School Council AGM 6pm.                                     |
| Mon 23 <sup>rd</sup> Mar    | Life Education  |
| Wed 25 <sup>th</sup> Mar    | <u>POSTPONED</u>  |
| Fri 27 <sup>th</sup> Mar    | Last Day Term 1<br>1.30pm <u>CANCELLED</u><br>2pm Dismissal |
| Mon 13 <sup>th</sup> April  | Easter Monday. No School                                    |
| Tues 14 <sup>th</sup> April | Term 2 Begins   |
| Mon 27 <sup>th</sup> April  | Cross Country   |
| Wed 6 <sup>th</sup> May     | Mother's Day Stall  |
| Fri 8 <sup>th</sup> May     | Mother's Day Breakfast                                      |
| Fri 15 <sup>th</sup> May    | Division Cross Country                                      |
| Fri 5 <sup>th</sup> June    | Colour Run  |
| Fri 26 <sup>th</sup> June   | Last Day Term 2   |
| Mon 13 <sup>th</sup> Jul    | Term 3 Starts   |
| Wed 2 <sup>nd</sup> Sept    | Father's Day Stall  |
| Mon 24 <sup>th</sup> Aug    | Concert Dress Rehearsal<br>Eastbank                         |
| Wed 26 <sup>th</sup> Aug    | Concert Night   |
| Fri 18 <sup>th</sup> Sept   | Last Day Term 3   |
| Mon 5 <sup>th</sup> Oct     | First Day Term 4  |
| Wed 11 <sup>th</sup> Nov    | 3 /4 Camp   |
| Fri 13 Nov                  |   |
| Mon 30 <sup>th</sup> Nov    | 5 /6 Camp. Wyuna  |
| Fri 4 <sup>th</sup> Dec     |   |
| Fri 18 <sup>th</sup> Dec    | Last Day Term 4   |

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